Interview Schedule

Aim; to explore CF HCP experience of providing weight management advice to adults with CF who are overweight/obese and treated with CFTR modulator therapies and the barriers and facilitators they experience in supporting patients to engage in diet and physical activity behaviour change.

Topic	Questions	Potential follow up questions/probes
Welcome/Introductions	**Thank you for attending** **Introduce JB and AT** **Purpose of focus group** **Focus group ground rules**	
Introductory Questions **Experience of weight management in CF**	**Many adult CF centres have observed an increasing number of patients becoming overweight/obese, particularly since the introduction of Kaftrio.** **Can you tell me about your experience of managing patients with CF who are overweight /obese?**	**How to you approach conversations about weight management ?** **What triggers the conversation?** **What makes it difficult/easier to bring up in conversation with patients?**
	How do you support patients who are overweight/obese manage their weight?	
	What helps you to support them?	**How does it help?**
	What have some of the challenges been?	**Why? How have you tried to overcome these challenges?**
Diet and Physical Activity behaviour change	**What has been your experience of advising patients to make changes to their diet? and physical activity?**	
	What has worked well/ not so well?	**What are you aiming to achieve with the changes?**
		Why?
Clinical Practice	**What would help you manage these patients in your clinical practice?**	

Summary Conclusions/Reflections	**In Summary …… is this an adequate summary, does it capture what was said here? are there any important aspects/issues we haven't talked about?**	